

ENDLESS VARIETY OF VEGETABLES MAKE FOR VERSATILE FUSILLI DISH {page 14}

WILLS' WINNING WAYS YOUNG PRINCE **EASILY RISES ABOVE** ROYAL FRAY (page 7)

TAKE TWO WITHERSPOON AND HER AGENT TIE THE KNOT (page 12)

EDMONTON

Monday, March 28, 2011 www.metronews.ca



News worth sharing



Shania gets her due

Pitching political woo

Layton popped by Saturday, today Harper comes calling {page 3}

Not as dim as some

While the rest of Canada powered down, Edmonton surged (page 4)

Arena levies a 'risky' business

Asking for public money 'not acceptable' if funding falls short for arena: Sohi O Council wants answers from Katz Group, administration before moving ahead

Based on past attempts at collecting community revitalization levies (CRL) whether the city can meet its \$125-million portion of a new arena cost is among scores of details still up in the air, say city councillors.

Coun. Amarjeet Sohi said so far two CRLs, one for expanding Fort Road and another for The Quarters redevelopment, have both failed to produce

"There's always a lag time," said Sohi of the span between improving an area's infrastructure to when new resultant development flocks to the area.

A CRL is designed to fund public projects by the city fronting the costs of infrastructure to promote development then collecting taxes from the new growth over 20 years.

"There has to be a Plan B for if no development occurs or it is not sufficient to raise the \$125 million,"

But Coun. Kim Krushell said an arena could easily bring the city's proposed \$125 million through area development, especially if at least one high-end hotel which downtown needs anyway — is part of the new development.

Complex issue

- City council will next discuss building a new downtown arena on April 6, when administration is expected to give a report with more details about costs and revenue.
- The current proposal pegs the arena deal at \$450 million \$100 million from Oilers' owner Darryl Katz, \$125 million from the city through a CRL and another \$125 million through a ticket tax, plus \$100 million still outstanding.
- A city report released last month said Edmonton needs 900 more hotel rooms and a doubling of conference space

"I think the administration numbers (on CRLs) are conservative," said Krushell, adding she is more concerned with who covers overruns if the \$450million deal exceeds its budget.

U.S. economics professor Andrew Zimbalist wrote a report released in March by Northlands, which currently houses the Oilers, calling any financing deal depending on CRLs "highly risky."

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Harper to appear in Beaumont today

Edmonton is a hot spot for federal leaders as the country gears up for a May 2 vote after the minority government fell Friday. Prime Minister Stephen

Prime Minister Stephen Harper will visit the area today on the heels of NDP Leader Jack Layton launching his election campaign in town on Saturday.

"Here in Edmonton, everybody knows only New Democrats defeat Conservatives," Layton said. "It's no accident that we kickstart this election campaign in this great city."

city."
The NDP's Linda Duncan (Edmonton-Strathcona) has the only non-Tory seat in the province.

Harper will appear at a school in Beaumont this afternoon. • METRO

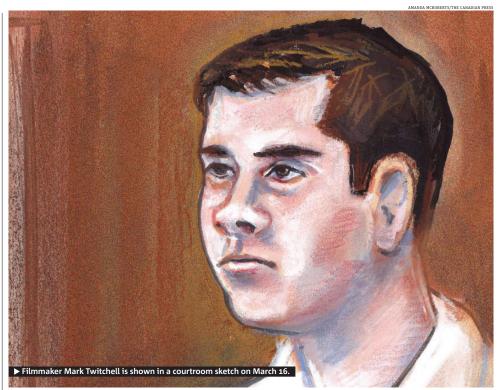
MS Society vows support as CCSVI study nears

An apology has been issued from the Alberta chapter of the MS Society of Canada regarding the controversial CCSVI treatment.

Spokesperson Darrel Gregory told CTV News they came down too heavily on the research side of the treatment, and will do more for those who have gone overseas to get the treatment and also help those who haven't been treated.

CCSVI opens up blocked veins in the neck through balloon angioplasty. The procedure has not yet been approved in Canada.

In December though, Alberta Health Services committed to studying the treatment and potentially fund clinical trials. • METRO



Twitchell dreamed of making movies

◆ Accused killer Mark Twitchell loved Star Wars ◆ He got a Star Wars tattoo on his right bicep ◆ His email address was named after a Jedi warrior

To his filmmaking buddies he was known as Twitch.

When a friend recalled that nickname while on the witness stand last week, Mark Twitchell couldn't help but smile.

But to Crown prosecutors Twitch is simply the accused — a man trapped at the intersection of fantasy and reality who gruesomely dismembered an innocent man to further a secret fantasy of becoming a serial killer.

The first-degree murder trial in Court of Queen's

Bench, entering its third week today, has been a sensational mix of the mundane and the macabre, beginning and ending with Twitchell

Court has heard the 31year-old had big dreams of telling powerful stories on towering silver screens to legions of adoring fans.

He was born in Edmonton on July 4, 1979. He went to film school and admitted in a police interview that movies were his life.

"I love it, love filmmaking," he told Det. Mike

Tabler. "From the first day that I stepped on a set in August of '06 was when I knew.

"I was just like, 'There's no going back." Twitchell also loved

Twitchell also loved comics.

He had Spider-Man stickers on his laptop. He won Halloween prizes for his Transformers Bumblebee costume.

When he was arrested he had been busy making an Iron Man costume in his parents' basement.

THE CANADIAN PRESS

Home life

- **1** By 2008, Mark Twitchell was married for the second time to a woman named Jess.
- They had an eightmonth-old daughter, a house in the suburbs and a mortgage.
- He had been forced to file for bankruptcy once and was battling to get his credit rating reestablished.





reens ride anti-nuclear energy wave to historic victory in German elections. Scan code for story.

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A court decision changes how immigration officials handle 'poison pen' letters. Guidy Mamann has more at metronews.ca/ immigration



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SSESSMENTS

Appeals up from last year: City

Complaints filed by property owners regarding 2011 assessments are up this year. There were 2,770 ap-

There were 2,770 appeals made by the March 14 deadline, as opposed to the 2,404 made last year.

The city mailed out

319,608 property assessment notices in January, notifying residents that the value of their homes (as of July 1, 2010) was up about nine per cent.

New this year was the option of filing online, and 1,330 complaints were filed that way, said Monette Malley, the city's acting director of tribunals.

While the number of appeals is up from last year, it is about half of the four-year average since 2008.

METRO

Charges laid in latest homicide

Edmonton Police Service has charged a 40-year-old man in the city's 14th homicide of 2011.

EPS was called to Village Acres near 67 Street and 130 Avenue about 10 p.m. Friday in response to a struggle between a man and a woman in the hallway and one of the building's suites. Police said the pair knew one another.

A man, 33, was rushed to hospital with serious injuries and died around 11 p.m.

The number of homicides recorded in Edmonton in 2011, though two from previous years are included in that statistic.

The victim's name will be released following an autopsy, slated for 1:30 p.m. today.

Jeil Simon faces seconddegree murder and possession of a weapon charges.

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City's Earth Hour shows dim results





Despite power surge, organizers pleased with overall participation



Edmonton paled in comparison to other cities in Saturday's Earth Hour, actually using more power—an extra one per cent—than the same hour the previous Saturday.

vious Saturday.

"We are a little disappointed, but it may have had something to do with how cold it was," said Mary-Ann Thurber, spokesperson for the city, of the hour's 1058.15-megawatt use.

City hall, Chancery Hall and Century Place went dark, as did the Edmonton Public Library's 17 locations and a host of other businesses, including several hotels.

The University of Alberta pitted residences against one another for its Darkest Tower challenge, while students also went head-to-head against other post-secondary institutions

Lights off, Canada

Nova Scotia Power reported the best Canadian power cut, at 10 per cent, with Toronto next at five per cent. In the West, Vancouver powered down by oneand-a-half per cent, while Calgary's use was unchanged.

for power use.

Thurber said the Oilers-Flames rivalry at Rexall was irrelevant to the poorer showing, as the previous Saturday was also a hockey night in Edmonton.

This is the city's fourth time participating by turning off non-essential equipment and dimming lights in recreation facilities, fire halls, offices and other cityowned buildings.

World Wildlife Fund organizer Stephen Price said the event is not all about energy savings, but instead participation for awareness.

Shots fired at karaoke club

Police are investigating a shooting at an Edmonton karaoke bar around 1 a.m. yesterday morning. Four rounds were fired in what police said was either a walk-by or drive-by shooting at the Passion KTV Lounge on 108 Street and 105 Avenue. No one was injured.

METRO

Petition for ousted residents

Owners of the condemned Penhorwood Apartments in Fort McMurray want the Regional Municipality of Wood Buffalo to admit responsibility in the unsafe construction of the building. An online petition can be found at www.ipetitions.com/petition.penhowoodvictims.



The Independent's struggle

The starting gun has sounded for federal candidates, but one Alberta Independent is arguing those with a party affiliation had a head start

After running in the 2008 federal election for Edmonton-Sherwood Park, James Ford said he plans to run again but fundraising before the election was impossible.

"You're faced with a formidable task in trying to be an Independent," said Ford.
"The parties have the cash
and the organization to
overwhelm if you're not
careful"

Calgary-West candidate in 2008 and now political pundit Kirk Schmidt said because Independent candidates don't have a political party or constituency office, they have no place to harbour donations between elections "That's kind of the problem with Independent fundraising, is it's not necessarily different versus any other political party candidate but there's no place to hold the money when you're outside of an electoral period," said Schmidt.

In the 2008 election, six candidates ran as Independents in Alberta.

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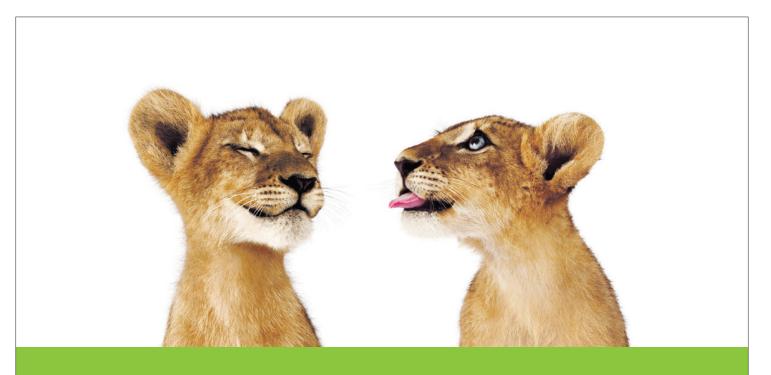
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Duceppe bares teeth in rebuke of Harper

◆ Tories insist on alliance threat, despite denial from opposition ◆ Duceppe calls out Harper for hypocrisy



Stephen Harper appears determined to campaign against the notion of a coalition threat that his Liberal opponent has explicitly ruled out.

But the Conservative prime minister is getting a rough ride from Bloc Québécois Leader Gilles Duceppe, who says Harper is rewriting his own history on the issue.

"He wants this entire campaign to rest on a lie," Duceppe said yesterday morning during a fiery, televised rant in Montreal. The prime minister opened the first full day of election campaigning in the Toronto suburb of Brampton, lauding a laundry list of Conservative budget goodies he said were rejected by his political opponents last week.

Liberal Leader Michael Ignatieff, campaigning in Montreal, said "Harper has a problem with democracy."

A day earlier, Ignatieff had ruled out forming a coalition government and insisted that the party winning the most seats gets the chance to form government

THE CANADIAN PRESS

Key dates:

- March 26: Governor General dissolved Parliament, launching the election campaign.
- April 11: Deadline for nominations in the 308 ridings.
- April 22, 23, 25: Advance voting days.
- April 26: Last day to apply for a special ballot to vote in advance by mail or in person at an Elections Canada office.
- May 2: Voting day, following a 36-day campaign.





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Prince remains poised through family drama

◆ A messy divorce and tragic loss of his mother did not hinder William's charms — nor his choice in women



IED kills Canadian soldier

A Canadian soldier has been killed in Kandahar after an improvised explosive device detonated in a village that has been bloodied grounds for the military.

Cpl. Yannick Scherrer was on a foot patrol yesterday when he was killed by an IED near Nakhonay, southwest of Kandahar city.

The 24-year-old native of Montreal was on a security patrol with the Afghan National Army at the time of his death. The member of the 1st Battalion of the Royal 22nd Regiment was on his first tour in the country.

"Our thoughts and deepest condolences go out to Cpl. Scherrer's family, and to the soldiers and friends who served alongside him," Brig.-Gen. Dean Milner, Canada's top soldier in Afghanistan, said. fessional, speaks with easy self-confidence and interacts well with people from all walks of life. Experts say that's remarkable for someone whose childhood was marked by hugely public family turmoil.

There was the 1996

Prince William looks pro-

divorce of his parents, Prince Charles and Princess Diana, preceded by a long period of muted hostility, then recriminations and mutual public confessions of adultery. That was followed by Diana's shocking death in a 1997 car crash with her boyfriend, and Charles' 2005 remarriage to his longtime mistress, Camilla – a controversial figure blamed by many for Diana's loneliness and

And yet the future king who has emerged since announcing his engagement in November has won praise for his easygoing and self-deprecating public appearances, whether launching a lifeboat with his fiancée by his side or representing his grandmother, Queen Elizabeth II, at solemn occasions like the recent memorial service for those lost in the New Zealand earthquake.

THE ASSOCIATED PRESS

"To have chosen a very sensible ... young woman who is middle class, that is revolutionary for the royal family."

ANDREW ROBERTS, HISTORIAN

Another quake hits Japan

A magnitude-6.5 earthquake shook eastern Japan off the quake-ravaged coast Monday morning, local time, the U.S. Geological Survey reported, prompting a tsunami alert.

There were no immediate reports of damage or injuries, but a tsunami of up to half a metre may wash into Miyagi Prefecture, according to meteorologists.

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Libyan oil centres fall to rebel forces

NATO airstrikes have crippled Gadhafi Opposition fighters able to advance west less than two weeks after they seemed on the brink of defeat

Qatar

Now that they have the oil, the rebels are making tentative plans to exploit Libya's most valuable natural resource.

- Production is at a trickle, the foreign oil workers and their vital expertise have fled the country, and even talk of a marketing deal with Qatar seems murky at best.
- The agreement with the tiny Gulf nation of Qatar could allow the rebels to exploit Libya's vast oil reserves - most of which are in the territory they control.
- Qatar is the only Arab country known to have actively joined with the international force

Libyan rebels regained two key oil complexes in a high-speed advance west on Libya's coast yesterday, retracing the steps of their first march toward the capital with their path cleared by the world's most powerful air force.

On the eastern approach

of Ras Lanouf, airstrikes hit three empty tank trans-porters and left two buildings that appeared to be sleeping quarters pockmarked with shrapnel. As at the oil port of Brega and the city of Ajdabiya before it, Gadhafi's troops appear to have left in a hurry, abandoning ammunition and disappearing without a

The Gadhafi regime on Saturday acknowledged the airstrikes had forced its troops to retreat and ac-cused international forces of choosing sides.

LIBYAN WOMAN SETS OFF HOTEL MELEE

A distraught Libyan woman stormeď into a Tripoli hotel Saturday to tell foreign reporters that government troops raped her, setting off a brawl when hotel staff and government minders tried to detain her. Iman al-Obeidi was tack-

led by waitresses and gov-

ernment minders as she sat telling her story to journalists after she rushed into the restaurant at the Rixos hotel, where a number of foreign journalists were eating breakfast.

As al-Obeidi spoke, a hotel waitress brandished a butter knife, a government minder reached for his

handgun and another waitress pulled a jacket tightly over her head.

It soon turned into a scene of chaos, with journalists attempting to protect the woman from government minders who physically attacked and intimidated her



Misreading radiation

Emergency workers struggling to pump contaminated water from Japan's stricken nuclear complex fled from one of the troubled reactors yesterday after reporting a huge increase in radioactivity — a spike that officials later apologetically said was inaccurate.



PlayBook countdown begins

● But RIM's low-key promotion strategy has even fans worried about problems with the tablet The release of Research In Motion's PlayBook could be "the most significant development" for the company since the launch of its first BlackBerry in 1999, co-CEO Jim Balsillie says.

But will consumers glance up from their iPads for even a second to give it a chance?

Buzz for the PlayBook was palpable when the tablet was announced late last September. But online critics long ago grew weary of the months-long wait for the device. And few expect that even fanatical RIM fans will show their devotion like Apple's customers do — by lining up overnight when the PlayBook launches on April 19.

Balsillie said Thursday that RIM will be sending demo units to key Fortune 500 customers and has already gotten "fantastic" feedback.

But investors were less confident after the company released its latest earnings report. RIM stock plummeted more than 10 per cent on Friday.

The fact that it's taken RIM so long to bring its tablet to market also hasn't inspired confidence, says David Soberman of the University of Toronto's Rotman School of Management.

He says RIM's low-key promotion for the PlayBook might reflect an initial focus on its loyal corporate market, with consumers being wooed in the second wave of sales.

THE CANADIAN PRESS

Queue for iPad 2

Apple fans across the country hunkered down on Friday, some overnight, to get their hands on the iPad 2.

At the Eaton Centre in Toronto, Oren Lasko arrived at the Apple store at 7:30 a.m. on Thursday, which, since the tablet didn't go on sale until 5 p.m. Friday, made his wait nearly 36 hours long.

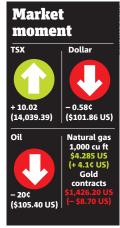


Doorman shown the exit

Holt Renfrew customers rallied this weekend to save the job of the beloved doorman of the flagship Bloor Street store in Toronto. For 21 years, Tom Hargitai, 57, was the embodiment of customer service, greeting shoppers and passersby alike with his trademark smile and genuine warmth. Hundreds of entries on Twitter praised Hargitai and called for the luxury retailer to reverse the decision.

HMV to sell Canadian stores?

HMV might sell its 125 Canadian stores to pay off \$204 million in debt accrued as customers have turned to digital downloading. Its British parent company said Friday that it hasn't had any offers yet, but is exploring its strategic options. Nevertheless, HMV Canada said it is going ahead with plans to open several new concept stores across the country. THE CANADIAN PRESS

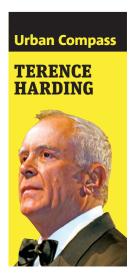




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A CITY BUILT ON MYTHS AND FANTASIES



I think it's about time we change those signs on the highway that welcome people to Edmonton: The City of Champions.

t becomes clearer every day that what they should say is welcome to Edmonton: The City of Fantasy and Myth. If nothing else, it would show that at least we believe in truth in advertising.

We clearly live in a city with a tenuous grasp on civic reality. Let's look at some of the more common Edmonton myths and

We believe in creating an environmentally sustainable city. Myth. We are still allowing developers to build homes far from the urban core that we really can't provide the infrastructure for, and we aren't really doing anything to promote

densification. In addition, we are one of the most car-centric cities on the planet.

We have a rapid transit sys tem. Fantasy. We have a transit system, but as the majority of tweets to #yegtransit indicate, it is far from rapid and it doesn't function well in a tough winter, as we have seen in the past few months.

This city is well run. Big, big myth. Bad planning such as

South Edmonton Common would seem to be the order of the day. Even better is the cost

for the Capitol Theatre at Fort "This city is well Edmonton run. Big, big myth. Bad planning Park. The cost started out at \$4.5 million such as South and has **Edmonton Common** ballooned to \$14 million. I would seem to wonder if the be the order people in of the day. Even charge of this fiasco are the better is the cost same people who thought for the Capitol **Theatre at Fort** we could make the Indy **Edmonton Park.**" profitable. Little wonder that

> tant to have the city involved in the financing of a downtown sta-

people are hesi-

We are an innovative and creative city. Fantasy of the first order. We can't even figure out a way to keep fare cheats off the LRT. When one councillor opined that perhaps turnstiles would be a better use of taxpayer money than spending \$1 million on more transit cops, she was told that people can still jump over them. Apparently, our transit people don't get out much. There are lots of cities in the world that have solved this prob-

So let's fess up to our failings and change our civic slogan. We can also create a mascot for the city at the same time. What would be an appropriate image? Given our track record of inentitude, stumbling and failure, I would think that Mickey Mouse would fit the bill rather nicely.

Cartoon

No reason to get rattled



Worth mentioning

Here's some good news in the wake of Japan's disaster: A new study says big earthquakes don't set off other dangerous ones around the globe.

Big quakes do trigger local aftershocks, but researchers found no sign of setting off moderatesized events beyond about 950 kilometres away.

That won't surprise most experts, said lead study author Tom Parsons. But it's different from his prior research, which did find a global effect for setting off small quakes, said Parsons, of the U.S. Geological Survey in Menlo Park,

Parsons and Aaron





Velasco of the University of Texas at El Paso reported the work online yesterday in the journal Nature Geoscience.

They looked at worldwide earthquake records for the 30 years ending in 2009. There were 205 big earthquakes, with magnitude of 7 or more, and 25,222 moderate ones with magnitudes

between 5 and 7.

While the study didn't look at whether big quakes trigger other big quakes far away, the new data suggest they do not, Parsons said. Anyway, since the world averages only about seven quakes at magnitude 7 or above per year, any such effect would have been noticed already, he said. THE ASSOCIATED PRESS

What's the best advice you have received? **Email** edmontonletters @metronews.ca Twitter @metroedmonton

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Metro Minute with Japan fundraiser

If you are looking for an evening out and a way to help those in Japan

tonight is your night.
The Old Strathcona
Rack and Billiard Club (10544-82 Ave.) is throwing a fundraiser tonight to aid in the relief efforts in Japan through the Red

"We all want to do what we can to help," said server Meghan Semeniuk.

There will be a silent auction on items such as concert tickets, golf in Canmore and wine-tasting tickets, and there will also be an auction for dates with the staff.

There will also be an obstacle course resembling game shows held in Japan.

The fundraiser gets going at 7 p.m. • metro



◆ The nation's mightiest musicians touch down in Toronto for the 40th annual Juno Awards
◆ Bieber takes home his first Junos, while Arcade Fire secures the night's biggest prize

Canada shines at the Junos

Arcade Fire won a leading four trophies — including album of the year — while rock legend Neil Young claimed the prize for artist of the year and 17-year-old teen-pop titan Justin Bieber won the first two Juno Awards of his career at a 40th-anniversary bash on Sunday that looked to the past as well as the future.

But the news wasn't as good for 24-year-old rapper Drake, who hosted the hometown hullabaloo with energetic panache and entered the weekend with a leading six nominations, but wound up heading home empty-handed.

Arcade Fire — the fiercely independent Montreal rockers whose cerebral or-



chestral rock has helped them build a devoted following — stunned the music world six weeks ago by claiming the award for album of the year at the Grammys.

Unfortunately for millions of his tween devotees watching at home, Bieber—the platinum-selling pint-sized pop crooner from Stratford, Ont.—couldn't appear in person to collect his first two Juno trophies due to a scheduling demand overseas.

His fresh face — ratings gold for CTV, of course — still surfaced several times during the two-and-a-half-hour broadcast, however, as he accepted his awards via video messages.

"I want to thank everybody so much for believing in me," said Bieber, captured onstage in an empty arena.

While Drake might have been disappointed by his award take, he put in a solid appearance as host, showcasing his comedic timing with an admirable performance as the straight man in entertaining skits with CTV news anchor Lloyd Robertson and Bieber.

"You, my friend, have the voice of a young rabbi," Drake told Bieber.

The evening's other tro-



phy, new artist of the year, went to London, Ont., singer/songwriter Meaghan Smith — and if there was an award for the most gobsmacked winner, she would have taken that, too.

The 40th-anniversary celebration of the Junos —

which began on Feb. 23, 1970, as an informal, non-televised dinner gala in Toronto and has evolved into a glitzy broadcast bonanza — promised to celebrate Canadian music's storied past as well as its future.

THE CANADIAN PRESS

Saturday's big wins

Here are some of the key winners at Saturday's Juno Awards gala dinner, where 32 of 40 awards were handed out before last night's television broadcast:

Adult Alternative Album of the Year: Neil Young, Le Noise Alternative Album of the Year: Arcade Fire, The Suburbs

Rock Album of the Year: Matthew Good, Vancouver

Vocal Jazz Album of the Year: Kellylee Evans, Nina Francophone Album of the Year: Karkwa, Les chemins de verre Rap Recording of the Year: Shad, TSOL Dance Recording of the Year: Deadmau5, Sofi Needs a Ladder THE CANDIAN PRESS scene

Box office



A wimpy kid has delivered a knockout punch to a band of warrior vixens at the weekend box office. The family sequel, Diary of a Wimpy Kid: Rodrick Rules, debuted as the No. 1 movie, with \$24.4 million, according to studio estimates yesterday. The girl-power action fantasy Sucker Punch opened at No. 2, with \$19 million.

The previous weekend's top movie, the sci-fi thriller Limitless, slipped to third, with \$15.2 million, raising its total to \$41.3 million

Released by 20th
Century Fox, Rodrick
Rules did a bit more
business than its
predecessor, Diary of
a Wimpy Kid, which
opened a year ago,
with \$22.1 million.
The Wimpy Kid
movies are based on
the children's books
by Jeff Kinney about
a timid youth trying
to cope at school
and home.
THE ASSOCIATED PRESS



Rocker makes rare appearance

Neil Young appeared at the Juno Awards for the first time in nearly three decades on Saturday to accept the adult alternative album of the year prize at a dinner gala where the first batch of trophies was handed out.

The 65-year-old Torontoborn rock legend received a standing ovation from the crowd at Toronto's Allstream Centre, where 32 of 40 awards were presented ahead of last night's televised Juno show.

Young — who six weeks ago won his first career Grammy for his music (he had previously won a packaging Grammy) — said backstage that he last appeared at the Junos for his induction into the Hall of Fame in 1982, and hadn't intended to stay away for so long.

"There was really no

reason why I didn't get on with it," said Young, clad all in black except for a vivid red scarf. "I'm not really an awards kind of guy that much. But it's great to get one. It's a



great honour.

"I appreciate it. The older I get, the more appreciative I am."

Arcade Fire, Daniel Lanois, Matthew Good, Deadmau5 and countrypop crossover crooner Johnny Reid also nabbed trophies on Saturday.

Arcade Fire took the award for alternative album of the year — the band's third Juno — for their third record, The Suburbs. The band stunned the music world last month at the Grammys when it managed to claim that show's top prize — album of the year

THE CANADIAN PRESS

Talking points

Bret Michaels files suit

LITIGATION. Bret Michaels is suing CBS and the Tony Awards over an onstage mishap at the 2009 awards when he was hit in the head with a moving set piece at the end of a musical number, according to TMZ.

Though he was only hospitalized for a broken nose and cut lip after the show, his suit maintains that the incident was responsible for the lifethreatening brain hemorrhage he suffered six months later. "One of the most common causes of this type of hemorrhage is head trauma — exactly like the one Michaels suffered at the hands of the Tony Awards," the suit, filed in L.A. Superior Court, states. ■ METRO

Zellweger moves out

IT'S OVER. Any chance of Renee Zellweger and Bradley Cooper reconciling seems to be fading, as Zellweger was seen moving her things out of Cooper's home last week, according to Hollyscoop. But she wasn't letting the task get her down.

She seems to be handling the breakup well," a witness says. "She had a big smile on her face and a skip in her step.' METRO

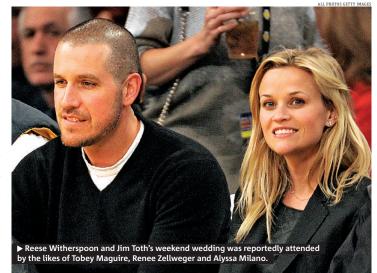
Reese walks the aisle

Actress weds agent Jim Toth in private ceremony

As predicted, Reese Witherspoon and fiancé Jim Toth tied the knot over the weekend at her Ojai, Calif., ranch, according to Us Weekly.

The small ceremony was reportedly performed in front of 120 guests, including Tobey Maguire, Renee Zellweger and Alyssa Milano, and Witherspoon's two children with ex-husband Ryan Phillippe were part of the ceremony.

The pair were engaged in December when Toth bought Witherspoon a \$250,000 engagement ring. METRO



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Celebrity tweets



George Lopez [Ageorgelopez] I misjudged the joke. No malice was intended and I apologize





niz] Went golfing... need more practice. PGA Tour here I come...



vou think.

Sarah Silverman [@SarahKSilvermanl Your middle-aged pierced ear tells a different story than



Kelly Osbourne [@MissKellyO] i hate my predictive texting so much ever time i pluck up the courage 2 send a

flirty text it always comes out wrong & makes me look stupid metro

Sheen not a sell-out?

Charlie Sheen's claims that his planned live shows across the U.S. sold out quickly might not be exactly true, as thousands of tickets are still availaccording able. Popeater.

Tickets are available to all of his shows in every price range," a source says. Evervone. including Charlie, got greedy asking over \$575 for some tickets. They booked way too many dates at way too many venues, and then Charlie was all over TV giving it away for free.

And sources close to

Sheen say the poor sales could mean scrapping the tour all together. "His ego couldn't



handle playing to a halfempty house," a source says. "He would rather dump the entire tour than admit he's losing.' ♠ METRO











Memoir of a bully

An online video of one teenager attacking another has sparked outrage But it's not shocking if you remember what life was like as a teen



The video is shot on a cell phone. In it, a scrawny teenager approaches a fat kid, and punches him in the face. The fat kid doesn't move — he just stands there. Then he's punched again. "Wow," says the giggly teen who's filming. "This is getting sad, bro."

A second later, the fat

A second later, the fat kid dives after the little one, picks him up, body slams him onto the concrete — wham! — and walks away. The little kid tries to stand. He limps as if he has brain damage. He falls down. The teen who's

filming laughs again — this time from fear.

Asked later, the "fat kid," Casey Heynes, an Australian 10th-grader, says he "snapped" and has been bullied all his life. (The 7th grader, Ritchard Gale, walked away with a scratched knee.) Casey has had suicidal thoughts.

Kids, full of hormones, are bound to fight. But perhaps if parents shared more of their own childhood experience, teens would understand their feelings better. I'll start.

As a young teenager, I was an extremely shy person of below-average height, with glasses, neither popular nor the

school nerd (although being in the all boy's chorus didn't help my social status). I had anger over my parents' divorce, but otherwise was even-tempered, kind and dutiful in school.

Someone in the all-girls' chorus liked me. Elise was nice but six inches taller, 50 pounds overweight and had bad skin. After smiling my way for weeks, she sent me a love note.

I never replied. Instead, with the urging of a buddy, I bought a canister of Slim-Fast, the weight-loss powder. I gift-wrapped it. And with the note "From Sam," I had it delivered via one of her girlfriends. Standing 30 feet away, in an outdoor

school hallway, I watched as she opened it.

Her friends reacted first, gasping and looking for someone to kill. But she smiled my way. It was a weak smile. I looked down. I never apologized. We never spoke again.

never spoke again.

I had punched Elise in the face. And although no one had a cell phone camera to capture it, I'll never forget her look. In that instant, I saw the "fat kid" for what she was: a person. R.S. I got my comeuppance: Three years later, a bully punched me in the face because I didn't love heavy metal enough. He ran away when he saw my bloody nose. Don't you miss being a teen?

THREE MOMS ON ...

... LETTING DAD HANG OUT WITH HIS FRIENDS. DO THEY LET THEIR HUS-BANDS GET AWAY? HOW OFTEN?

THE HIPPIE MOM Lili Meier

Owner, with husband, of My Little Green Shop, which sells organic and sustainable baby products online

Has a son, Sebastian, 25 months, and a daughter, Savara, 9 months

Everyone needs to chill—especially parents! I'm totally supportive of hubby going out with his friends. The happier individuals are with themselves, the better parents they'll be. If people feel "stuck" at home, resentment can develop.

THE HIGH-POWERED WORKING MOM Avis Jones-DeWeever

Executive Director, National Council of Negro Women Mother of two boys, Aidan, 7, and Guy, 14

As someone who is now happily divorced, I will admit that my ex-husband's frequent and late night socializing presented a serious detriment to our marriage. I'm not one of those who believes that marriage marks the end to individuality. But finding "fuin" time for friends and not for one's spouse is a recipe for disaster.

THE STAY-AT-HOME MOM

Samantha Mellen Two boys: Lucas, 2, and Joshua, 4 months

My husband is busy with work, school and family. But personal time for him is very important. Occasionally, after the kids are in bed, my husband likes to get a beer with his buddies. I actually wish he could get out more with his friends, but there neverseems to be enough hours in the day!



Allergies



4%

• Four per cent of first-born children have allergies, as opposed to three and a half per cent of second-borns and 2.6 per cent of third-borns, according to the pediatrics department at Shiga Medical Center for Children in Kyoto University, Japan.

Researchers say the mothers develop more anti-bodies in the womb during each pregnancy.

METRO WORLD NEWS





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Vegetables galore!

This Mixed Vegetable Fusilli allows for many ingredient variations

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

This simple Mixed Vegetable Fusilli dish was my primo piatto, or first course, while in Sorrento, Italy (a beautiful town where you can look across the bay and see the island of Capri).

Small portions are perfect for a first course but the dish has enough vegetables to satisfy your family as an entrée.

Preparation:

- Slice eggplant into thin slices; stack and cut into matchstick size pieces. Cut zucchini into matchstick-size pieces.
- 2 In a large non-stick skillet, heat oil over medium-high heat. Add eggplant and cook, stirring, for about 6 minutes or until beginning to turn golden. Add stock and bring to a boil. Add zucchini, tomatoes and garlic; cook, stirring, for about 10 minutes or until zucchini and eggplant are tender but firm and

sauce is slightly thickened. Add salt and pepper.

Meanwhile in large pot of boiling salted water, cook fusilli for about 10 minutes or until tender but firm. Drain and return to the pot. Add sauce and cheese; toss to coat.

Variation: Try using carrots, broccoli, cherry tomatoes or other favourite vegetables to make up your own vegetable creation.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, CONCRODE AUTHOR AND TY

SIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE ON EMILY, VISIT EMILYRICHARDSCOOK.CA

Ingredients:

- 1 small eggplant (about 8 oz/250 g)
- 2 small zucchini (about 12 oz/375 g total)
- 2 tbsp (25 mL) extra virgin olive oil
- 1 cup (250 mL) vegetable stock
- 4 plum tomatoes,

chopped

- 2 cloves garlic, minced
- 1/4 tsp (1 mL) each salt and freshly ground black
- 1 box (375 g) whole wheat fusilli pasta
- 1/4 cup (50 mL) freshly grated Parmigiano-Reggiano cheese

Polenta with Sausage & Rapini

If you look through your cupboard, you're sure to find some pantry staples for easy meals.

Cornmeal is one of those great items to keep on hand to use for comforting meals — either in breads, desserts or, like in this recipe, as a base for a tasty sauce.

Polenta is the Italian

Polenta is the Italian name given to cornmeal when it is cooked as a soft, almost porridge-like, dish.

The cornmeal is cooked to become smooth and thick then topped with garlic, rapini and sausage.

Preparation:

In a non-stick skillet bring water to boil. Add rapini, cover and steam for 7 minutes, stirring occasionally or until tender. Drain well and set aside.

- 2 Return skillet to medium heat and add oil.
 Cook sausage, breaking up with spoon for about 6 minutes or until no longer pinkinside. Add rapini, garlic, hot pepper flakes and salt. Cook for 5 minutes or until turning golden.
- Polenta: In large saucepan, bring stock to boil and gradually whisk in cornmeal. Bring to a gentle simmer, stirring frequently for about 12 minutes or until polenta mounds on spoon. Stir in water to loosen slightly and stir in cheese and parsley until cheese is melted.
- Spoon polenta into shallow soup bowls and top with rapini and sausage mixture.
- EMILY RICHARDS

Ingredients:

- 1 bunch rapini, trimmed and coarsely chopped
- 1 cup (250 mL) water
- 2 tbsp (25 mL) olive oil
- 2 Italian sausages, casings removed
- 4 cloves garlic, minced
- 1/4 tsp (1 mL) hot pepper flakes
- 1/4 tsp (1 mL) salt
- 4 cups (1 L) low sodium chicken stock
 1 cup (250 mL) cornmeal
- 1/2 cup (125 mL) water
- 1/3 cup (75 mL) freshly grated Parmesan cheese
- 2 tbsp (25 mL) chopped fresh Italian parsley



Turning trash into treasures









◆ As Earth's resources become scarcer, people turning towards upcycling ◆ It's turning old junk into something more valuable and imaginative

An elegant aquarium made from an old computer monitor. Handbags made from old tires and soda cans. Forget recycling, "upcycling" — turning trash into more valuable treasures — is the hot new trend.

Mike Haines, who works for the British environmental group ClientEarth, has reinvented garbage for years.

"Recycling is good, but it uses a lot of energy," he ex-

plains. "Using something in the form it already exists in is much better for the environment."

Haines dyes and restyles old T-shirts, and has a box full of items waiting for a new life.

Now Haines is trendy.

"A lot of people upcycle without knowing it," says Debjit Chaudhuri, founder of the green networking website Elpis.com. "Using old boxes as CD racks is very common. But now

people are really discovering upcycling and getting creative about it."

When Elpis, a Germanybased website, announced an upcycling competition earlier this year and contributions arrived from around the world. Among the highlights pictured above: a lightbulb turned into a charming oil lamp, a lounge chair made from old skis, and an old rowboat turned into a gigantic flowerpot. "On our discussion boards, people discuss how to commercialize their upcycled products, too," Chaudhuri says. "A few years ago, upcycling as a business idea would simply have been dismissed. But now resources are becoming scarce, and people are paying attention."

That's why there are already companies like Worn Again, which sells designer goods made from old clothes. © CÉLIA PEDROSO

Turning cooking oil into scented candles

Recycling initiatives across the world often transform cooking oil into biodiesel, but how about converting oil into scented candles?

Portuguese recycling solutions outfit Oon has come up with the upcycling business of turning used oil from the fryer into fragrant candle wax.

The Candlemaker, a domestic appliance that looks more like a

looks more like a car trendy coffee maker than SPICY SMOOTHIE

anything else, filters the oil to remove odors and sediment; the purified oil is then mixed with a colorant to create the candle wax. Mário Silva, the

Mário Silva, the brainchild of the concept, said his inspiration came from a restaurant, "a place where you can find many used oils and candles"

But how many candles will you burn

for a product priced at \$279? • CÉLIA PE-DROSO



ossibly none of the above. Walk the dairy aisle of your grocery store and you'll see milk packaged in waxed cartons, plastic jugs and glass bottles. To help you choose the most environmentally friendly option, we delve into the packaging. And wouldn't you know that for Albertans,

THE HEAVY PRICE OF BUYING MILK

What is better to buy: milk in waxed cartons or plastic jugs? Kevin of Calgary

milk packaging makes up one of the largest beverage-container waste streams in the province?

Glass bottles are the best option because they can be sterilized easily and reused. Their high deposit fee — about a dollar so increases the likelihood that they will make it back to the store. When consumers return their bottles, the energy required to sterilize and refill them is far less than what's required to make a new paper milk carton. If you can find milk in glass, this is your best option.

The paper milk carton, or polycoated gable-top

cartons, are made from virgin paperboard. But buyer beware: They are not always accepted in municipal curbside recycling programs. Torn between plastic and paper? Consider this: if you go through a lot of milk, choose one four-litre plastic jug to buying two two-litre paper cartons reduce is the first "r" after all. And be sure to keep both plastic and paper milk containers out of the landfill. Always recycle.



Suzuki Foundation





CANCER IS A BATTLE THAT CAN BE WON IF WE DON'T GIVE UP



The doctor walked into her room and stared at the floor. "You have three months to live and we doubt you'll see the New Year."

Sherry Abbott was only 30 years old and in the days that followed her shock gave way to a steely resolve as she told the doctors, "How dare you

give up on me when I haven't given up on my-

Abbott endured six months of chemo, radiation and numerous surgeries and defied the doctor's grim prognosis. Now, 21 years later, she continues to inspire and empower other people who have been told they have cancer.

"I feel like I have been given my calling," Abbott says from behind the desk of her office at Look Good Feel Better, a program designed to support and help women during the tough days of cancer recovery.

We face so many turning points in our lives and career but never doubt the resilience of the human spirit.

April is Cancer Awareness Month. Support cancer research and force a

What can you do?

- Join the "I Fight Cancer" movement at fightback.ca.
- Check out online support at facingcancer.ca.
- Take part in daffodil month activities in your communitv.
- Wear the new daffodil pin to show support for those living with cancer.

turning point for a cure and prevention for the disease that will claim the lives of one in four Canadians

Sherry Abbott, the Executive Director of the Canadian Cosmetic, Toiletry and Fragrance Association, and a 21-year cancer survivor, is living proof that cancer can be beaten.



"CONE OF THE BEST NEWS APPS" "Really cool. Lets you read articles offline too!" – Real user review The free Metro Canada application is available on the App Store. Don't have an iPhone or iPod touch? Visit m.metrenews.ca for news on the move. Available on the App Store Available on the App Store Available on the App Store

Office betting pools on the rise: Survey



It probably won't surprise many cubicle-dwellers this time of year, but the number of employees who report betting in the workplace is on the rise. According to a survey by Vault.com in the United States, 71.5 per cent of those surveyed took part in office betting pools, while 82 per cent reported that their co-workers participated

It's a substantial increase from 2008, when only 58 per cent admitted to betting. And while 47 per cent of workers didn't know their companies' policies, employers probably shouldn't scramble to amend them. "If it's done in moderation, it can be seen as something that is fun and harmless to the overall office," says Jason Levin, Vault.com's resident career expert. "The cost of this fun is not expensive, and 40 per cent won under \$200."

Even though the prize may be modest, Levin points out that it can go a long way if you're a boss.



March Madness

Basketball. Though the Super Bowl was the most popular office betting event in 2008 (51 per cent of workers reported their offices

"This is a really great teambuilding opportunity," he says. "If you're a manager and use the money to take betting on the game versus 48 per cent for March Madness), basketball is bouncins), basketball is bouncent reported office brackets, while 58 per cent saw Super Bowl bets this year.

your team out to lunch, it's a great opportunity to show how you care about your team."

Yes, cover letters still do matter

• While it's true that employers likely won't read your entire cover letter, the document still does hold value

write.





It might be the most important letter — that no one reads — that you ever

In the smartphone century, when job applications are often combed by automated software, and nobody has the time to read anything longer than a preposition, the question of how to compose the perfect cover letter feels like a zen riddle: Why not just nail it to a tree crashing in an empty woods?

Yet the one-page document's value endures, career counsellors insist.

"There is still a role for the cover letter, but it is increasingly shorter and shorter," President Louise Fletcher of Blue Sky Resume says.

"Two, maybe three paragraphs is the norm."

Don't expect the audience to make it to paragraph number two.

"Lots of people don't," Fletcher adds. "They look at the cover letter's first sentence to see what job you're applying for, then go right for the résumé."

Spend Time On It

That said, you'd be foolhardy to drum up a un-proofed cover letter, or worse, send out the same generic script for whatever position you put in for.

"Always custom tailor it," Internet job hunting expert Margaret Riley Dikel says, even if you're completely sure it will "Some people will look closely at the letter and if it isn't personalized and didn't specifically address the details of the job, they'll ignore the résumé."

MARGARET RILEY DIKEL, INTERNET JOB HUNTING EXPERT

languish at the unread bottom of an inbox.

"Some people will look closely at the letter and if it isn't personalized and didn't specifically address the details of the job, they'll ignore the résumé," she continues. "Write the best

"Write the best introduction so that people who skip it will be fine, but people who read it will get your full story." Put Their Words in Your Let-

Don't be afraid to re-write the ad, Dikel urges.

"They actually want to see the same words they used in the post," she explains.

"This is the first cut for human resources. Do your qualifications match those of the position?"



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Clara Estrella models the new Scout uniform.

Scouts staying 'Fresh'

Scouts Canada unveils new uniforms designed by Joe Fresh Style

Scouts Canada has style top of mind as it introduces a revamped uniform as part of its big push to revitalize the scouting movement.

Colours are spruced up and sashes for badges disappear for Cubs and Scouts, who will instead wear their symbols of achievement on their sleeves. Canadian flags are also featured in the new design.

The youth organization teamed with affordable apparel brand Joe Fresh Style to give the uniforms their first makeover in two decades.

"We've modernized our brand, we're modernizing our program, we're modernizing how we do business as an organization overall," Scouts Canada chief commissioner Steve Kent said in an interview from Mount Pearl, N.L.

"Having a uniform that's consistent with the



► Ethan Hektor models the new Scouts Canada Cub Scout uniform.

kind of image we want to present to Canadian society is really important, and frankly, this uniform refresh is long overdue." Kent said Joe Fresh was

Kent said Joe Fresh was a "clear winner" of the uniform contract for a number of reasons, including leadership in designing clothes for young people and brand recognition by Canadian families. Kent said creative director Joe Mimran took a personal interest in ensuring the project's success.

Mimran said in a statement that his company was honoured to be asked to help with the redesign.

"This organization has a rich history in Canada and

we wanted to honour their heritage while at the same time updating the style and fabrication of the uniforms for today's youth."

The redesign was a collaborative process between Scouts Canada and the Joe Fresh team, in addition to consultations with thousands of Scouts members. The organization wanted uniforms that were practical and suitable for the demands of outdoor adventure and other activities.

Kent, who is also a member of the house assembly in Newfoundland and Labrador, said it was important that the uniforms be produced in an environmentally and socially responsible way. The garments needed to be affordable, modern, and convey an image consistent with the brand, appealing to youth and adult volunteers while respecting scouting traditions and values.

Kent said the new looks offer modern colours that are distinct for each program while still fitting into the broader clothing line.

Beaver Scouts aged five to seven will continue to wear a bucket hat and vest but in modernized shades of blue and brown.

"Instead of the thick, stiff vests that Beavers 100K

Scouts Canada claims to currently have around 100,000 members. More than 20 per cent of membership is female, and girls' participation has grown steadily over the past decade.

have been wearing since the '70s, it's a modern zipup vest made of a terry fleece, so it's much more like something that a five or six or seven-year-old would actually wear," said Kent. For Cubs aged eight to 10, it's a shift back to past tradition with a grey uniform. The new Scout shirt for 11- to 14-year-olds is modern green, while Venturers aged 14-17 will wear navy blue.

Kent said the new design for Rovers, young leaders aged 18-26, as well as adult volunteers and leaders is perhaps the most significant change—a "patriotic red" uniform.

And the Canadian flag on the uniform serves as recognition of the role the organization has played in shaping generations of leaders in the country, Kent said

Kent said.
THE CANADIAN PRESS





Suffering from a case of too many books?

• A tough goodbye: De-cluttering bookshelves and purging old books can be a daunting task

It's spring, and home improvements and spring cleanings are in the air.

In the name of renewal (and family peace), my husband and I repurposed our rec room into a master bedroom and let our girls, ages 12 and six, have their own rooms. In the process, we had to redistribute everyone's books. We shuffled them from room to room and set them on newly installed shelves, but we still had a lot left over.

I was forced to admit it: I had too many books.

And books can be harder to kick out than termites

"Of all the stuff I try to get rid of as an organizer, books are the most diffi-cult," says Leslie Josel, owner of the home organ-izing service Order Out of Chaos, in Larchmont, N.Y. They are not usually worth much money, and they are

kind of wanted them myself. The first big hurdle of book purging: emotional attachment.

books were invited into my house or bestowed as gifts. My kids had classics inscribed to them by their

"With clothes, it is easy to donate them, as you can bag them up and have them picked up from your home. With books, you often need to bring them to a location."

grandparents. I had important, canonical works. The problem was, some of them were never liked, or even read.

LESLIE JOSEL

Years of accumulation had resulted in unwieldy towers and double-loaded shelves full of novels, parenting books and travel guides, some from trips never taken or classes 30 years past.

"The clutter in our houses becomes like an-other person living there

Books that my older kids had enjoyed could be saved at the top of a closet for the youngest.

That was a warmup exercise. On to the adult sec-

Books in foreign lan-guages last studied in high school: out. Gifts that only revealed the bizarre taste of the giver: out.

Books that were Impor-tant Prize Winners but too daunting to read: out. Mostly. Aww, look where I wrote Rolling Stones lyrics in my high school poetry anthology. Save.

that's what happens. I had to stay strong. THE ASSOCIATED PRESS





sports

Quoted



"A lot of people doubted us. A lot of people really didn't think we'd be the team we are. We really pulled it together as a team, and we're back now."

SENIOR CENTRE JOSH
HARRELLSON YESTERDAY
AFTER HIS FOURTH-SEEDED
KENTUCKY WILDCATS
KNOCKED OFF THE SECONDSEED NORTH CAROLINA
TARHEELS TO ADVANCE TO
THE NCAA FINAL FOUR.

A rock away from gold

Sweden steals two points in 10th end to beat Canada 7-5 in world curling final ● In the bronze-medal game, China beats Denmark 10-9 in extra ends



amber Holland came up

Amber Holland came up just short at the world women's curling championship.

Olympic champion Anette Norberg of Sweden stole two points in the final end yesterday to edge Holland's Canadian team 7-5

7-5.
The Regina skip had the hammer in the 10th end but her final shot didn't quite make it to the button.

ton.

"We're disappointed," said Holland. "We played a pretty good game. We weren't as sharp off the start as wanted to be and didn't play the 10th end very well

3rd

It was the third world title for the veteran Anette Norberg, but her first with a new team. They were the strongest rink at the event and finished 11-2.

"We felt like we were in control — even after the ninth we were in control, you've just got to execute in the 10th."

Until the last rock, Canada had carved out a game that made it favourites for the title. The team played aggressive and forced Sweden to draw for one point in the ninth

That left Canada with last stone advantage in the final end, but the tide started to turn when second Tammy Schneider completely missed an attempted take-out and third Heather Kalenchuk came up short with a guard.

The house was crowded for Holland's last rock and and she left her draw a little short after getting around a front guard.

"That was a pretty tough shot based on the ice conditions, but we gave it a valiant effort," said Holland. "It obviously gets more difficult with every miss, but I was glad just to have a shot. And we weren't far off."

The team got off to a slow start at the tournament by going 1-3 over its first four games. But it finished the round robin strong and won three straight playoff games to reach the final.

"I think for us, silver is a great achievement," said Holland. "(It was) our first world championship as a team, first time we've been here. We battled really hard to get to that game and just didn't cap it off."

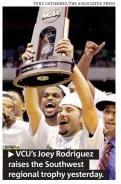
Crosby back on ice, but return date still not set

Sidney Crosby skated again yesterday with a handful of teammates.

The Pittsburgh Penguins captain spent about 45 minutes on the ice at Consol Energy Center, according to the team's website. Crosby is still working his way back from a concussion and hasn't been cleared to participate in full practices yet.

"That conversation has not been broached and I don't have expectations for it right now," Penguins coach Dan Bylsma told reporters before a 2-1 shootout win over Florida. "Obviously, I'm encouraged to watch him on the ice and watch him skate and go through the paces that he's going through."

Crosby last played on Jan. 5, when he was hit hard into the boards by Tampa Bay Lightning defenceman Victor Hedman. Bylsma said "there's been no expectations" about when Crosby will return to the Penguins lineup.



Underdog Rams Final Four bound

Move over, Butler. Virginia Commonwealth is crashing the Final Four.

The 11th-seeded Rams are heading to Houston, and final No. 1 seed Kansas is heading home after a spectacular collapse.

Jamie Skeen scored 26 points as the Rams delivered the biggest upset of the NCAA tournament, shocking the Jayhawks 71-61 yesterday to become just the third 11th seed to ever make the Final Four.

The Rams needed five wins to go from First Four to Final Four. Along the way, they toppled teams from the Pac-10, Big East, Big 10, ACC and now the Big 12. THE ASSOCIATED PRESS

Heat's Big Three each reach 30



Scan code for more sports



"That's why we get paid the big bucks."

With the playoffs looming, LeBron James, Dwyane Wade and Chris Bosh are finding a new gear. And they accomplished

And they accomplished something yesterday that hadn't been done in more than 50 years.

Each of them had 30-10 nights — James with 33 points and 10 rebounds, Bosh had 31 points and 12

rebounds, and Wade shook off a bruised tailbone to finish with 30 points and 11 boards — as the Miami Heat beat the Houston Rockets 125-119 for their eighth win in nine games.

It was the first time since February 1961 that three teammates finished with at least 30 points and 10 rebounds in a non-overtime

"Unbelievable," James said. The last time this hap-

He last time this hapHouston for their was a half-century ago, when Oscar Robertson, Jack ime since at three did with at did with at overtime Warriors. THE ASSOCIATED PRESS

NATIONAL HOCKEY LEAGUE

EASTERN CON	FER	EN	CE									
	GP	W	L	OTL	SL	GF	GΑ	Pts	Home	Away	Last 10	Strk
dx-Philadelphia	75	45	20	4	6	238	200	100	21-11-2-4	24-9-2-2	5-1-1-3	L1
dx-Washington	76	44	22	5	5	205	182	98	22-8-2-5	22-14-3-0	8-2-0-0	W1
d-Boston	75	42	23	5	5	226	178	94	18-13-3-2	24-10-2-3	4-4-2-0	W1
x-Pittsburgh	76	45	23	5	3	218	183	98	24-13-2-0	21-10-3-3	8-2-0-0	W4
Tampa Bay	75	40	24	5	6	223	228	91	22-11-1-4	18-13-4-2	3-3-2-2	W1
NY Rangers	76	41	30	2	3	218	181	87	18-16-1-3	23-14-1-0	8-1-0-1	W1
Montreal	76	40	29	4	3	200	196	87	22-11-3-3	18-18-1-0	4-6-0-0	L3
Buffalo	75	38	28	8	1	222	210	85	18-16-3-1	20-12-5-0	6-3-1-0	W3
Carolina	75	35	30	5	5	211	224	80	20-13-2-2	15-17-3-3	4-5-1-0	L1
Toronto	76	34	32	5	5	201	232	78	17-14-3-4	17-18-2-1	5-4-1-0	L1
Atlanta	75	32	31	5	7	210	246	76	17-15-2-5	15-16-3-2	6-3-1-0	W1
New Jersey	75	34	36	3	2	155	189	73	18-15-2-1	16-21-0-2	4-5-0-1	L3
NY Islanders	76	29	35	7	5	210	241	70	16-17-1-4	13-18-6-1	4-3-2-1	L2
Florida	76	29	36	5	6	185	209	69	15-15-4-4	14-21-2-1	3-5-0-2	L5
Ottawa	76	29	37	5	5	175	233	68	14-19-2-3	15-18-3-2	6-3-0-1	L1

WESTERN CONFERENCE

y-Vancouver	76	50	17	4	5	247	175	109	25-8-1-4	25-9-3-1	9-1-0-0	W3
d-Detroit	75	44	22	5	4	242	213	97	20-12-3-2	24-10-2-2	5-3-1-1	W1
d-San Jose	76	44	23	4	5	224	199	97	21-11-2-3	23-12-2-2	6-1-0-3	W1
Phoenix	77	41	25	7	4	219	212	93	19-13-4-2	22-12-3-2	7-2-1-0	L1
Los Angeles	75	43	26	4	2	207	181	92	23-12-3-0	20-14-1-2	7-1-2-0	W3
Nashville	76	41	25	6	4	202	179	92	22-8-4-3	19-17-2-1	8-1-1-0	We
Anaheim	75	42	28	3	2	214	217	89	23-12-1-1	19-16-2-1	7-3-0-0	W1
Chicago	74	40	26	3	5	239	204	88	23-15-0-0	17-11-4-4	5-3-1-1	LI
Calgary	77	38	28	4	7	235	226	87	22-12-1-3	16-16-3-4	4-4-1-1	W1
Dallas	74	38	26	4	6	208	210	86	20-11-3-5	18-15-1-1	4-3-2-1	L3
Minnesota	75	35	32	3	5	188	213	78	17-16-2-3	18-16-1-2	1-7-2-0	L8
St. Louis	75	34	32	4	5	212	219	77	21-12-1-3	13-20-3-2	6-4-0-0	W
Columbus	75	33	31	4	7	200	230	77	16-17-1-3	17-14-3-4	2-5-1-2	L4
Colorado	74	28	38	7	1	207	262	64	15-18-4-0	13-20-3-1	2-8-0-0	Lá
Edmonton	75	23	41	2	9	180	249	57	12-20-1-5	11-21-2-3	1-6-1-2	L9
x — clinched playoff	berth	y —	clin	ched	divis	ion ti	tle; d	— div	ision leade	rs; a team	winning ii	1

overtime or shootout is credited with two points and a victory in the W column; the team losing in egistered in the OTL or SOL columns.

Tonight's games
Chicago at Detroit, 7:30 p.m.
Colorado at Anaheim, 10 p.m.
Tomorrow's games
Chicago at Ediston, 7 p.m.
Buffalo at Tornotro, 7 p.m.
Philadelphia at Pittsburgh, 7 p.m.
Florida at Columbus, 7 p.m.
Florida at Columbus, 7 p.m.
Florida at Columbus, 7 p.m.
Cutawa at Tampa Bay, 7:30 p.m.
Ottawa at Tampa Bay, 7:30 p.m.
Vancouver at Nashwile, 8 p.m.
Vancouver at Nashwile, 8 p.m.
Vancouver at Nashwile, 8 p.m.
Vancouver at Nashwile, 9 p.m.
Valisade Part Edmonton, 9 p.m.
Wednesday's games
N.Y. Rangers at Buffalo, 7 p.m.
N.Y. Islanders at New Jersey, 7 p.m.
Montreal at Carolina, 7 p.m.
St. Louis at Detroit, 7 p.m.
Anaheim at Calagray, 9:30 p.m.
(goals-chances) — Ottawa: 0-1; Atlai overtime or shootout receives one point which is registered in the OTL or SOL columns

(goals-chances) — Ottawa: 0-1: Atlanta: 0-4.

Referees — Chris Rooney, Gord Dwyer. Lines-men — Brad Kovachik, Jean Morin. Attendance — 16,392 (18,545).

1. Vancouver, Ehrhoff 12 (Higgins, Raymond) 7:52 Penalties — Torres Vcr (high-sticking) 2:02, MacKenzie Clb (roughing) 12:59, Higgins Vcr (tripping) 19:08.

CANUCKS 4, BLUE JACKETS 1

No Scoring.

Penalty — Hansen Vcr (elbowing) 14:14.

2. Vancouver, H.Sedin 19 (D.Sedin, Kesler)

3. Vancouver, Higgins 12 (Kesler, Raymond) 9:03 4. Columbus, Umberger 24 (Vermette) 11:07 5. Vancouver, Higgins 13, 17:36 (pp)

Penalties — Lepisto Clb (tripping) 3:22, Kesler

Vcr (goaltender interference) 4:29, Burrows Vcr

(hooking) 5:24, Voracek Clb (goaltender interference) 13:35, Vermette Clb (interference) 16:06.

Goal — Vancouver: C.Schneider (W,15-3-2); Columbus: Garon (L,10-12-5). Power plays (goal)

Referees — Dean Morton, Kevin Pollock. Linesmen — Vaughan Rody, Greg Devorski. Attendance — 14,469 (18,144).

chances) - Vancouver: 2-4; Columbus: 0-5

First Period

Second Period

3:36 (nn)

Vancouver

780-701-0471

Yesterday's results Vancouver 4 Columbus 1 Atlanta 5 Ottawa 4 (SO) Boston 2 Philadelphia 1 Boston 2 Philadelphia 1
Pittsburgh 2 Florida 1 (SO)
Saturday's results
Calgary 5 Edmonton 4 (SO)
Detroit 4 Toronto 2
Washington 2 Montreal 0
Anaheim 2 Chicago 1
Buffalo 2 New Jersey 0
Les Angeles 4 Colorado 1 Los Angeles 4 Colorado 1 Nashville 4 Dallas 2 N.Y. Rangers 1 Boston 0 Philadelphia 4 N.Y. Islanders 1 San Jose 4 Phoenix 1 St. Louis 6 Minnesota 3 Tampa Bay 4 Carolina 2

THRASHERS 5, SENATORS 4 (SO)

First Period
1. Atlanta, Wheeler 16 (Bogosian, Ladd) 4:02

2. Ottawa, Svatos 3, 5:51 **Penalties** — Z.Smith Ott, Thorburn Atl (fighting) 8:30, Michalek Ott (holding) 10:32, Wier-cioch Ott (holding) 16:24, Lee Ott (high-stick-ing) 19:12, Boulton Atl (roughing) 19:56.

Second Period

3. Atlanta, Little 17 (Wheeler) 10:15 4. Atlanta, Maxwell 1 (Byfuglien, Hainsey) 10:34 5. Ottawa, Neil 6 (Winchester, Wiercioch) 13:37

Penalties - None. Third Period

6. Atlanta, Stuart 2 (Antropov, Maxwell) 2:08 7. Ottawa, Condra 6 (Spezza, Lee) 7:12 8. Ottawa, Svatos 4 (Kuba, Karlsson) 14:52 Penalty - Wiercioch Ott (hooking) 5:08.

Overtime

No Scoring.

Penalties — None. Atlanta wins 1-0

Ottawa (0) — Karlsson, miss; Spezza, miss; Svatos, miss; Shannon, miss. Atlanta (1) — Schremp, miss; Little, miss; Wheeler, miss;

Ladd, goal.

Goal — Ottawa: Anderson (L,21-19-4); Atlanta: Mason (W.12-11-3). Power plays

SATURDAY

RED WINGS 4, MAPLE LEAFS 2

First Period 1. Detroit, Zetterberg 22 (Lidstrom, Hudler) 5:05 (nn)

Toronto Kadri 2 (Crahh) 17:56

2. Toronto, Kadri 2 (Crabb) 17:56
Penalties — Crabb Tor (hooking) 4:24, Stuart
Det (tripping) 15:23.
Second Period
3. Detroit, Holmstrom 15 (Kronwall, Rafalski)

9:17 (pp) Penalties — Kindl Det (holding) 3:48, Lupul Tor

(hooking) 8:45, Boyce Tor, Abdelkader Det (fighting) 15:56, Helm Det (tripping) 17:03, Hudler Det (high-sticking) 19:53.

Third Period
4. Toronto, Lupul 11 (Kessel, Phaneuf) 6:11
5. Detroit, Hudler 10 (Zetterberg) 6:49
6. Detroit, Bertuzzi 15 (Kronwall) 19:08 (en) Penalties - None.

Toronto 9 5 10 15 4 10 Detroit 15 4 10 29 Goal (shots-saves) — Toronto: Reimer (L17-8-4); Detroit: Howard (17-15), MacDonald (W,5-4-2)(6:11 third)(7-7), Power plays (goals-chances) — Toronto: 0-4, Detroit: 2-2. Referees — Bill McCreary, Marcus Vinnerborg.

Linesmen — Thor Nelson, Vaughan Rody. **Attendance** — 20,066 (20,066).

CAPITALS 2, CANADIENS O

 Washington, Sturm 5 (Backstrom, Alzner) 1:24 Penalties — Subban Mtl (holding) 5:02, Kostit-syn Mtl (holding) 7:36, Eller Mtl (high-stickina) 15:23

ond Period

Shots

Second Period
No Scoring,
Penalties — Pouliot Mtl (tripping) 4:05, Hendricks Wash (holding) 17:21.
Third Period
2. Washington, Semin 26 (Backstom, Sturm) 16:19

Penalties - Semin Wash (holding) 6:40, Johansson Wash (delay of game) 16:49.

12 14 7 Washington: Holtby (W,10-2-2); Mon-treal: Price (L,34-27-6). Power plays (goals-chances) — Washington: 0-4. Montreal: 0-3.

Linesmen - Steve Miller, Derek Nansen. Attendance — 21,273.

FLAMES 5, OILERS 4 (SO)

First Period
1. Edmonton, Paajarvi 12 (Cogliano, Omark) 15:24 Penalty - MacIntyre Edm (roughing) 9:01. Second Period

2 Calgary, Iginla 35 (Giordano, Kostopoulos) 8:22 (pp) 3. Edmonton, Hartikainen 1 (Eberle, Peckham) 9:21 4. Edmonton, Fraser 3, 19:34 (sh) Penalties MacIntyre Edm (Interference) 7:22,

Petry Edm (closing hand on puck) 18:06. Third Period

5. Edmonton, Jones 17 (O'Marra, Reddox) 3:31 7. Calgary, Iginla 26 (Giordano, Backlund) 5:50 (pp) 7. Calgary, Glencross 23 (Iginla, Giordano) 12:09 8. Calgary, Staios 3 (Bourque, Jokinen) 18:05 Penalty — Hartikainen Edm (interference) 5:15.

Overtime
No Scoring.

Penalties — Regehr Cal (high-sticking) 4:17,
Giordano Cal (tripping) 4:58.

Shootout Calgary wins 1-0

Calgary (1) — Tanguay, goal; Bourque, miss. Edmonton (0) — Eberle, miss; Jones, miss;

Calgary 6 11 13 1—31
Edmonton 10 7 4 0—21

Goal — Calgary: Kiprusoff (W,34-23-6); Edmonton: Dubnyk (L,10-12-8). Power plays (goalschances) — Calgary: 2-4: Edmonton: 0-2. Referees — Brian Pochmara, Dennis LaRue. Linesmen — Mike Cvik. Mark Wheler. Attendance — 16 839 (16 839)

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MLB

SPRING TRAINING

Vesterday's results
Toronto 9 Baltimore (cs) 5
Baltimore (ss) 4 Boston 3
Chicago White Sox 2 Milwaukee 1
Cincinnati 9 Arizona 6
Cieveland 6 L. A. Dodgers 1
Colorado (ss) 5 Oalkland 2
Detroit 8 Houston 4
Florida 6 Washington 4
Kansas City 7 San Francisco 4
L.A. Angels 9 San Diego 2
Minnesota 7 N.Y. Yankees 6
Philadelbiah 6 Atlanta 1 Philadelphia 6 Atlanta 1 Pittsburgh 5 Tampa Bay 4 St. Louis 3 N.Y. Mets 1 Texas 5 Seattle 4 (10 ings) Saturday's results Washington 10 Houston 0 Florida 6 St. Louis 5 Baltimore 7 Tampa Bay 2 Detroit 3 Philadelphia (ss) 1 N.Y. Yankees 4 Pittsburgh 2 Toronto 7 Philadelphia (ss) 6 N.Y. Mets 8 Atlanta N.Y. Mets 8 Atlanta 2 Chicago Cubs 6 Texas 5 L.A. Angels 6 Chicago White Sox 3 L.A. Dodgers 5 San Diego 4 Milwaukee 2 Seattle 1 (10 ings) Kansas City 9 Arizona 6 San Francisco (ss) 9 Cincinnati 6 Minnesota 9 Boston 8 Colorado 4 Oakland 1

CRICKET

San Francisco (ss) 8 Cleveland 5

WORLD CUP

QUARTER-FINALS

Saturday's result At Colombo, Sri Lanka Sri Lanka (231 for no loss) def. England (229-

Sri Lanka (231. for no loss) def. England (229-6) by 10 wickets. Friday's result At Dhaka, Bangladesh New Zealand (221-8) def. South Africa (172) by 49 runs. Thursday's result At Ahmadabad, India India (261-5) def. Australia (260-6) by 5 wick-ets.

Wednesday's result
At Dhaka, Bangladesh
Pakistan (113, without loss) def. West Indies
(112, all out) by 10 wickets.

SEMIFINALS Tomorrow's match At Colombo, Sri Lanka New Zealand vs. Sri Lanka Wednesday's match

At Mohali, India

BASKETBALL

NCAA TOURNAMENT

REGIONAL CHAMPIONSHIP

EAST REGIONAL Yesterday's result Kentuckv 76 North Carolina 69

SOUTHEAST REGIONAL

Saturday's result Butler 74 Florida 71 (OT) SOUTHWEST REGIONAL Yesterday's result

Virginia Commonwealth 71 Kansas 61 WEST REGIONAL Saturday's result Connecticut 65 Arizona 63

FINAL FOUR

At Houston NATIONAL SEMIFINALS

Saturday, April 2
Kentucky (29-8) vs. Connecticut (30-9)
Rutler (77-9) vs. Virginia Commonwealth (28-11)

Butler (27-9) vs. Virginia Commor NATIONAL CHAMPIONSHIP

TENNIS

SONY ERICSSON OPEN

At Key Biscayne, Fla. MEN

At Key Biscayne, Fla.

MEN

Singles — Third Round

Juan Martin del Potro, Argentina, def. Robin

Soderling (4), Sweden, 6-3, 6-2.

David Ferrer (6), Spain, def. Somdev Devvarman, India, 6-4, 6-2.

Mardy Fish (14), U. S., def. Richard Gasquet
(17), France, 6-4, 6-3.

Viktor Troicki (16), Serbia, def. Sam Querrey
(19), U.S., 7-6 (5), 3-6, 7-5.

Marcel Granollers, Spain, def. Michael Llodra
(23), France, 7-5, 3-6, 7-5.

John Isner (30), U. S., def. Alex Bogomolov,

Jr., U.S., 6-2, 7-6 (4).

Kevin Anderson, South Africa, def. Pablo An-

Kevin Anderson, South Africa, def. Pablo An-

Kevin Anderson, South Africa, def. Pablo Andujar, Spain, 6-2, 6-3.
W/OMEN
Singles — Third Round
Kim Clijsters (2), Belgium, def. Maria Jose
Martinez Sanchez (27), Spain, 6-4, 4-6, 6-3.
Vera Zvonareva (3), Russia, def. Jamila
Groth (28), Australia, 7-6 (4), 6-2.
Francesa Ghiavone (5), Italy, def. Lourdes
Dominguez Lino, Spain, 6-4, 7-6 (2).
Victoria Azarenka (8), Belarus, def. Dominika
Clbulkova (25), Slovakia, 3-6, 6-3, 6-4.
Agnieszka Radwanska (9), Poland, def. Maria
Kirilenko (24), Russia, 7-6 (2), 6-3.
Anastasia Pavlyuchenkova (17), Russia, def.
Petra Kivitova (12), Czech Republic, 6-4, 6-7
(3), 6-0.

(3), 6-0. Marion Bartoli (15), France, def. Ekaterina Makarova, Russia, 6-0, 6-2.
Ana Ivanovic (19), Serbia, def. Virginie Razzano, France, 2-6, 6-2, 3-0, (retired).

GOLF

ARNOLD PALMER INVITATIONAL

At Orlando, Fla.

Final Round Martin Laird, \$1,080,000 Steve Marino, \$648,000 Justin Rose, \$312,000 70-65-70-75-280 71-67-71-72-281 72-72-70-68-282 73-72-67-71-72-282 74-67-69-72-282 74-67-69-72-282 74-67-71-72-83 73-68-73-70-9-285 71-71-73-70-69-285 71-71-73-70-69-285 71-71-73-71-285 72-75-72-67-286 71-71-73-71-286 72-77-72-71-72-71-286 72-71-72-71-72-71-286 76-71-68-71-286 Justin Rose, \$312,000 Marc Leishman, \$312,000 David Toms, \$312,000 K.J. Choi, \$208,500 Spencer Levin, \$208,500 Sergio Garcia, \$186,000 Mark Wilson, \$162,000 Mark Wilson, \$162,000 Fredrik Jacobson, \$162,000 Jim Furyk, \$162,000 Edoardo Molinari, \$94,800 Aaron Baddeley, \$94,800 Ian Poulter, \$94,800 D.J. Trahan, \$94,800 Stewart Cink, \$94,800 Also Stephen Ames, \$12,360

75-69-76-75-295

CURLING

WORLD WOMEN'S CHAMPIONSHIP

At Esbjerg, Denmark Yesterday's results told Medal Sweden 7 Canada 5 Bronze Medal China 10 Denmark 9 (extra end) Saturday's results Page Playoffs Three vs. Four Canada 10 Denmark 7 (extra end) Semifinal

Canada 8 China 5

CANADIAN SENIOR CHAMPIONSHIP

At Digby, N.S. MEN

Saturday's result Championship Manitoba 7 Alberta 5

WOMEN

Saturday's result Championship New Brunswick 8 Ontario 6

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
y-Chicago	53	19	.736	_
y-Boston	51	21	.708	2
dx-Miami	51	22	.699	21/2
x-Orlando	47	26	.644	61/2
x-Atlanta	42	32	.568	12
Philadelphia	37	36	.507	161/2
New York	35	38	.479	181/2
Indiana	32	42	.432	22
Charlotte	30	42	.417	23
Milwaukee	29	43	.403	24
Detroit	26	47	.356	271/2
New Jersey	23	49	.319	30
Toronto	20	53	.274	331/2
Washington	17	55	.236	36
Cleveland	14	58	.194	39

WESTERN CONFERENCE

	W	L	Pct	GB
dx-San Antonio	57	16	.781	-
y-L.A. Lakers	53	20	.726	4
x-Dallas	51	21	.708	51/2
dx-Oklahoma City	48	24	.667	81/2
Denver	44	29	.603	13
Portland	42	31	.575	15
New Orleans	42	32	.568	151/2
Memphis	41	33	.554	161/2
Houston	38	35	.521	19
Phoenix	36	35	.507	20
Utah	36	38	.486	211/2
Golden State	32	42	.432	251/2
L.A. Clippers	29	45	.392	281/2
Sacramento	20	52	.278	361/2
Minnesota	17	57	.230	401/2
d – division leader; x -	– clin	ched p	olayoff	berth;

- clinched division

Yesterday's results Atlanta 99 Cleveland 83
Beston 85 Minnesota 82
Golden State 114 Washington 104
L.A. Lakers 102 New Oricans 84
Minni 125 Houston 119
Memphis 111 San Antonio 104
Oklahoma (Tly 99 Portland 90
Sacramento 114 Philadelphia 111 (OT)
Dallas at Phoenic
Saturday's results
Atlanta 98 New Jersy 87
Charlotte 114 New York 106
Detroit 100 Indiana 88 Atlanta 99 Cleveland 83

Charlotte 114 New York 106 Detroit 100 Indiana 88 Chicago 95 Milwaukee 87 Dallas 94 Utsh 77 L.A. Clippers 94 Toronto 90 Tonight's games Milwaukee at Charlotte, 7 p.m. Boston at Indiana, 7 p.m. Orlando at New York, 7:30 p.m. Portland at San Antonio, 8:30 p.m. Portland at San Antonio, 8:30 p.m. Washington at Utah, 9 p.m.

Washington at Otali, 9 p.m. Tomorrow's games Miami at Cleveland, 7 p.m. Houston at New Jersey, 7 p.m. Golden State at Oklahoma City, 8 p.m. Phoenix at Sacramento, 10 p.m.

LACROSSE

FAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
x-Calgary	12	9	3	.750	153	132	-
x-Washington	12	6	6	.500	155	143	3
Minnesota	11	5	6	.455	124	124	31/2
Edmonton	12	3	9	.250	131	160	6
Colorado	10	2	8	.200	89	113	6

x — clinched playoff berth. WEEK 12 Yesterday's result Buffalo 12 Minneso

Saturday's results
Colorado 9 Boston 8 (OT)
Rochester 13 Philadelphia 10
Friday's results
Calgary 13 Toronto 9 Edmonton 14 Minnesota 13 Washington 9 Boston 8



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ACURA



>> JULY and comp parametric contribution of these intention 2011 CS models. Amount only parametric parametric populated principles below transcent of contribution with qualitative for the contribution for the parametric Constall CSPSARI contribution from the parameter for the contribution from the parameter for the parameter for

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50 51 52

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29 30

Crossword

Across

- 1 Puncturing tool
- 4 Hooter 7 Vatican VIP
- 11 Bloke
- 13 Beta Kappa
- 14 Acknowledge
- 15 Head's opposite
- 16 Up to, briefly
- 17 of Good Hope
- 18 Backpack part
- 20 Stare stupidly
- 22 Sweet potato
- 24 Pizza need
- 28 Olympic spear
- 32 "Strange as it seems, ...
- 33 On the rocks
- 34 Slight touch
- 36 Chills and fever
- 37 Mercenary
- 39 First AFL presi-
- dent. Samuel
- 41 Purim heroine
- 43 Thee
- 44 Mormon state
- 46 Vestibule
- 50 the Terrible
- 53 Bowling target
- 55 En-lai
- 56 Platter
- 57 Anger
- 58 Island dance
- 59 Egyptian cross
- 60 Morning mois-
- 61 See 3-Down
- 1 Performances
- 2 "Fh?"

no bia deal.

4 Choose, with

Down

- 3 Bear's hideaway

- 59 "for
- 5 Fillmore, for one 6 Light-purple shade
- 7 Was potent 8 Eggs
- 9 Soda
- 10 Ram's ma'am
- 12 Was guided by intuition 19 Chum
- 21 "-cares?
- 23 Central 25 Rim
- 26 Insult 27 Sightseers?
- 28 Nonsense talk

- 29 Experts 30 Let it all out 31 Kvetch 35 Lad
- 38 Allow 40 Curly's brother

13

16

23

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44

- 42 Fast 45 Employ
- 47 Dull sound of
- impact 48 Portraval
- 49 Money of China 50 Gilbert and Sul-
- livan princess 51 Actor Diesel 52 Request

54 Fresh

► Yesterday's answer

14

17

36

55

58

26

48 49

Α	М	0	Ν	G		0	Е	R		М	Α	G
W	Е	В	Е	R		R	Υ	Е		Τ	С	Е
Е	Ν	٧	0	Т		D	Е	٧	T	Α	Т	Е
		Т	Ν	D	Ε	Ε	D		Ν	0	Ε	S
Α	Н	Α		S	L	Α		Ε	L	U	D	Е
Р	U	Т	Т		Α	L	Т	Α	T			
T	Н	Е	Τ	S	Т		Α	R	Ν	Е	S	S
			S	Т	Ε	Α	М		Ε	Χ	Р	0
М	0	Т	Н	S		С	Р	Α		Ρ	Α	W
Α	М	Т	R		S	С	Α	М	Р	Τ		
R	Α	D	Τ	Α	Т	Ε		В	0	Α	R	D
С	Н	Α		Υ	Е	S		Ε	S	Т	Е	Е
Н	Α	L		Е	М	S		R	Е	Е	D	S

For today's crossword answers and for

Sudoku

						_		
		9					1	7
6		4			8	9		
		3		5				
			7	8		5		
2			1		4			3
		7		3	5			
				7		2		
		1	4			6		9
9	4					3		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

TUESDAY

Max 4°

Min -4

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WEDNESDAY

Min -7°
Max 1°

Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

My guni gugu, the love of my life. Thank you for loving me and thank you for making me a part of your life. You mean the world to me. Love you forever, BABA

Baby, I love you with all I have. You are the only guy for me and I know we will be together forever. You are everything I could ever need and want.You are the love of my life. Boogies Forever! Love SARAH

Bubybear, I lalalalove u soo hard!!! You be the man of my dreams!!! years&countina<3 M+A+12 niahts of JA=love4ever!! I can"t wait babe! Xoxoxo love your GXохохохо

EJ, Happy 24th Birthday! I hope your year is filled of sexy times, super slices, $model\ gf\ moments\ and$ tummy aching laughs. Love you to the moon and back

Today's horoscope

T Aries March 21-April 20 If someone lets you down today it will take all your powers of self-control not to get annoyed, or at least not to let it show. Smile and pretend it's

¥ Taurus April 21-May 21 Do you push ahead with something you know is going to need a lot of time, a lot of work and a lot of patience, or do you sit back and take things easy?

Only you can decide but that decision must be made now. II Gemini May 22-June 21

Your choice today is clear: either you forgive and forget or you see to it that someone suffers for what they have done to you. Is it really worth starting a war over? Probably not.

Gancer June 22-July 22 Just because someone occupies a position of power does not mean you have to agree with what they say. At some stage today you will get the chance to speak up and you must not waste it. Be brave.

 Leo July 23-Aug.23 You have made no end of sacrifices for the people you love and asked for little in return. Now you must do something for yourself. Take the time you need to get your thoughts together.

My Virgo Aug. 24- Sept. 22 You might like to pretend that you don't really care what someone is saying about you but deep down you do. Do you take their criticism to heart? No vou do not.

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 ← Libra Sept. 23-Oct. 23 If selfbelief really is half the battle then you are one of life's winners. You certainly don't lack for confidence but you might need a little more common sense today if you are to make the most of your chances.

M Scorpio Oct. 24-Nov. 22

There is no point planning too far ahead at the moment. Focus on tying up loose ends and making sure there is nothing that can hold you back or trip you up.

Nov. 23-Dec. 21 Channel your energy into areas where you can have a positive effect on those around vou. Negative emotions can be allowed no place in your life.

り Capricorn Dec. 22-Jan. 20

TODAY

Max 1°

Min -5°

Follow your instincts and, if necessary, be ruthless in pursuit of what it is you want most from life. If achievement is what turns you on then just go for it.

Aquarius Jan. 21-Feb. 18

You seem unable to decide whether to get serious about a relationship or whether to keep it at arm's length. You will have to decide one way or the other by the end of the week.

H Pisces Feb. 19-March 20 If your sixth sense tells you to be cautious you would be wise to heed the warning. It may be there is nothing much to worry about but you won't know for sure until later in the week. SALLY BROMPTON



Michele McDougall (🔢

Weather Specialist
"My favourite part is reporting the

weather. It fascinates me, and as we know around here, it's always

changing, keeping forecasters on their toes". WEEKDAYS 6AM

You write it! Write a funny cap

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